



# NetQues

Network for Tuning Standards and Quality  
of Education Programmes  
in Speech and Language Therapy/Logopaedics across Europe



Lifelong Learning Programme

Project No. 177075-LLP-1-2010-1-FR-ERASMUSENWA



## Educational Practices in SLT Collecting Examples of Good Practices

### 1. Title of the video/resource (add a link to your example)

<http://www.asha.org/Publications/leader/2004/040511/f040511a.htm>

### 2. Authors / contact (optional)

K Yorkston & David Beukelman

### 3. Language (in which language is the example?)

English

### 4. Abstract (English)

This is a thorough analysis of EBP focused on therapy in dysarthria. The authors have listed info about reviews/meta-analyses for the effectiveness of speech therapy in every speech subsystem. Subsequently, guidelines have been produced. On velopharyngeal function, a flowchart with patient's speech characteristics was developed and examples of good practices involved palatal lifts in flaccid dysarthria. On respiratory/phonatory function, biofeedback techniques and LSVT therapy were found among the most

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efficient methods of speech therapy. The authors concluded that tools are today available to help the clinician provide the best speech therapy technique in dysarthria.

## 5. Keywords

6. Dysarthria, evidence-based practice, velopharyngeal function, respiration/phonation subsystems

## 7. Motivation letter: Please, justify why this is a good example of good practice

This article provides the most recent information about evidence-based practice (EBP). EBP can provide the framework for clinical practice in speech therapy. In our clinic (European University Cyprus), we start our assessment with a speech oral motor exam (in our case the provision of the Frenchay dysarthria assessment) and then we use the aforementioned techniques to improve each speech subsystem. For example, LSVT was used recently in a patient diagnosed with Parkinson's disease and he had an deep brain stimulation operation and the results after onle 2 weeks of treatment are impressive.

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